

Hillcrest Community
Center (HCC)
1907 Hillcrest Dr.
Columbia, MO 65201
573-874-7475
www.CoMO.gov

Recreation Staff at
Hillcrest Community
Center (HCC):

**Superintendent-
Karen Chandler
Specialists-**

Courtney Deters
Cassie Dins
Debbie Reschly

Office-

Jill Overton
Jennifer Meeks

Music-

Cookie Hagan
Julie Vaughn

Osher Lifelong Learning-

Kristin Millikan
Sarah Ginter-Novinger
Walker Perkins



Columbia Parks & Recreation **50+ Programs**

Office Hours: 8:30am - 4:30pm Mon-Fri

July 2016

Join us for a variety of programs, activities, music, dances, crafts, and more for those ages 50 and better. We hope you can attend the activities and don't forget to bring a friend!

50+ Explorers

Our Hallsville jaunt is postponed for the present time.

MU Research Reactor facility—MURR

Weds July 27-Cost \$5 plus lunch.

Lv/Rtn Hillcrest 9:45am/12:30pm

We have the opportunity to tour MURR and find out what happens at a nuclear reactor. The group is limited to 9 people. There will be lots of walking, stairs, and standing.

You must show Government issued photo ID (drivers license). No cameras, purses, cell phones.

Lunch will follow at Honey Baked Ham Cafe.

Parks and Recreation Memberships

Payment can be made in person at the front desk or by mail with check payable to Columbia Parks and Rec.

(Membership fee includes activities unless otherwise noted)

\$25/Person Parks & Recreation Membership includes 50+Tours, 50+ Programs at Hillcrest Facility-Music groups (ukulele, bells, choir), Bingo, Potlucks, Painting groups, games, dances, Mah Jongg groups, Explorers trips, Karaoke, Adult Coloring groups, Spanish club, Travel club, and more.

OR

\$40/Person Parks & Rec/Osher @ Mizzou Combo includes all of the above plus Brown Bag seminars, This Week @ Osher weekly email of upcoming events, and Osher Saturday Morning Book Talks

July 17th
National Ice Cream Day



Special Needs: For accommodations needed due to a disability, please call at least 2 days in advance.

Please Note: The Columbia Adapted Recreation offers programs at Paquin Tower which may also be of interest.

Osher @ Mizzou

The Osher Fall Session begins September 6
Catalogs will soon be available and online at extension.missouri.edu/osher

*You can't buy
happiness,
but, you can buy
ice cream
and that's kind of
the same thing!*

Social Events for June!

Potluck and Bingo – July 1st

1st Friday (from 11:30am-1pm)

Bring your dish to share at potluck. After cleanup, bingo for prizes begins. Enjoy the day with friends!

Karaoke Friday Night – July 1st, 15th

1st and 3rd Fridays (from 7-10pm)

Share fun and friendship as you sing or just listen to your favorite songs on 2 Friday nights each month. Bring your favorite snacks to share. For more information, Contact Jon Harpert at 573-474-7181.
Requires Hillcrest membership or \$3 at the door.

Jamm and Dance – July 8th

2nd Friday (from 1-3pm)

Enjoy an afternoon of music for your dancing and listening pleasure. The House Band welcomes you and your requests. Snacks are welcome to share at the break.

Potluck, Dance and Game Day– July 15th

3rd Friday (from 11:30am-3:30pm)

To celebrate National Ice Cream Day, Parks & Rec will serve ice cream and toppings. Bring a dish to share and enjoy a great meal with friends followed by music and games all afternoon.
(Consider returning this evening for Karaoke Night!)



Osher Saturday Morning Book Talks

Svetlana Grobman-*The Education of a Traitor: A Memoir of Growing Up in Cold War Russia* 2015

Sponsored by: Anne and Brady Deaton

Saturday, July 9th - 9:30 am Coffee and Pastries

10:00 am Book Talk begins:

Fee is \$3 at the door or \$20 (10-visit punch card) or
Fall 2015/2016 Osher Member ID badge.



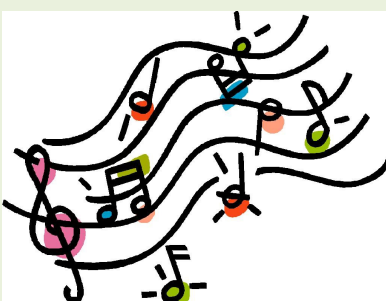
Daily Games:

Jigsaw puzzle,
board and other
games.

Is your card or
game group looking
for a special time or
place to gather?
Maybe we can help.

B I N G O

14	29	38	52	74
4	18	33	46	62
7	16	★	60	71
9	27	44	51	67
12	23	35	47	73



Ongoing Monthly Events...

Monday / Thursday Painting Group:

Join our painting group as they use a wide variety of mediums including oils, water colors, acrylics, charcoal, colored pencils and more. They share ideas, techniques, successes and experiments as they support each other's endeavors on Mondays 9am-noon and/or Thursdays 1-3:30pm.

Mah Jongg:

There are now 4 days with Mah Jongg groups playing—Mon 1-4pm, Tues 10:15am-12:15pm, Thurs 10-12:30; 1:30-4pm & Fri 12:30-4pm. If you are interested in joining a group or being a sub, please inquire at the front desk. Mah Jongg is great fun!

Tuesday Bingo:

Join us every Tuesday to play for practical prizes. Come early to socialize and meet new friends. Calling begins at 1pm.

Wednesday Coloring Group:

Drop-in between 9am-12noon to de-stress, socialize, and be creative. Bring your own supplies or try it out with ours.

Wednesday Scrabble:

Come enjoy this classic game. 10 am - 12 pm

Monday and Thursday Dominoes:

Love to play Dominoes? Just want some laughter or company? You'll enjoy a friendly form of Mexican Train dominoes two days a week now—Mon and Thurs starting promptly at 10am.

Music: These practice times may change. Please check with HCC front desk at 874-7475 --scheduled performances take priority over practices.

ALL GROUPS ARE BUSY RECRUITING NEW MEMBERS...

Unified Bell Choir	Mon. July 18: 3:15-4:15 PM Now at <i>Hillcrest Community Center</i>
Choir (Good Timers)	Tue Jul 5: Candlelight 2-3 pm NO BUS Tue Jul 19: BUS to Columbia Manor 2-3pm
Jammers	Wed. July 6,13,20,27: 1-3 PM
Ukulele Ensemble	Fri. July 22: BUS leaves 1:15pm Performance at The Bluffs

1st and 3rd Fridays are Karaoke Nights - 7-10 pm